
VIKINGS NYHETER

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Founded 1985



gott nytt år

2021 membership dues

if you haven't already done so;
please post your \$40.00 check made payable to
"viking lodge 735" to
Anne Scheirer - 801 Mountain View Road, Reading PA 19607

upcoming dates and events to remember



- **SATURDAY, February 13th, Semlor to-go and a Movie at Home**

Treat yourself to a rich semla, a cream and almond paste filled Swedish pastry, along with a cup of hot coffee and a Swedish film. Semlor are often eaten before the start of lent, the Swedish version of "Fat Tuesday." This year the Auxillary will continue the tradition with advanced semlor order and pick-up and a link to a live viewing of the ABBA documentary Super Troupers: 30 Years of Music, you can watch at home. Semlor are \$6 each and will be available for pick-up beginning Saturday Feb 6th during public hours. The film viewing starts promptly at 11:00 am on the 13th. [The American Swedish Historical Museum](#), 1900 Pattison Avenue, Philadelphia, PA 19145 phone 215.389.1776

- **FRIDAY, February 19th, Virtual Field Trip Friday, 12:15pm**

Do you have a travel bug but COVID is keeping you from the world? ASHM is excited to bring the world to you with our new Virtual Field Trip Friday program series! Each month they partner with museums throughout the U.S. and Scandinavia to bring their exhibits and collections to you. The program is 45 minutes long over the lunch hour so you can take a break from your day, whether at home or work, to be immersed in a Scandinavian cultural experience. Programs are presented on Zoom and are \$5 for members and \$10 for nonmembers, registration is required. This month is with the Museum of Danish America.

[The American Swedish Historical Museum](#), 1900 Pattison Avenue, Philadelphia, PA 19145 phone 215.389.1776

- **SUNDAY, February 21st, Customary Monthly ZOOM Meeting Lodge 735, 2:00pm**

Come mingle with the members of Viking Lodge 735 for our customary virtual monthly meeting. Get yourself set up with some refreshments and snacks then come hang out along with the rest of the crowd as we hold another virtual meeting. Watch your email for details from Bevin. *Your living room, any town, USA. :)*

Anyone interested in phoning-in to the ZOOM meetings is easily able to do so. Just before the meeting begins; call one of the following numbers and follow the voice prompts to join. You will need the meeting number prior to connecting, so please reach out to a member who can assist you with that.

1-646-558-8656

1-312-626-6799



BIRTHDAYS, BIRTHDAYS, BIRTHDAYS....

January:

7 Lilly Nelson, 13 Lee Reynolds

February:

11 Bevin Scheirer, 17 Shirley Nylund

March:

2 Hatsie Forsman, 8 Greta Amidon,

16 Sandra McElroy, 20 Lisa Kettle

22 Todd Peterson

Gustavian Mora clocks are a type of [longcase clock](#) which were made in, and derived their name from, the town of [Mora](#) in [Dalarna](#) province, Sweden. Production began in the late 18th century and continued through most of the 19th finally succumbing to the increased competition from newer styles and cheaper mass production methods. The country style Mora clock were simpler in style and typically painted in only one or two colours. In contrast Mora clocks made for wealthier persons included ornate carvings and hand painted details. The patterns on Mora Clocks varied greatly. This included scenic painted patterns, chinoise style, heavily gilded patterns and those Mora Clocks with ornamentations. Regional differences exist within Sweden as to the styles of Mora Clocks made. The style of Mora Clocks made in the North of Sweden though featuring the same basic shape differed quite markedly from those Mora Clocks made in the South of Sweden.



Many Mora clock faces carry the initials of the clockmaker and below that the name of the village in which the Mora clock was made. One of the more prodigious Mora clockmakers of the time was Krang Anders Andersson (1727 - 1799) of Ostner who signed his Mora clock face with 'AAS Mora'.

Mora clocks have an 8 day movement (they need to be rewound every 8 days) and typically would either have two striking bells located above the mechanism or a spiral wire gong. The weights of the Mora clock are typically made of cast iron. Due to the age of the Mora clock and the difficulty of finding replacement parts for a non-standard mechanism then many Mora clocks have their old workings replaced by a more modern movement that makes it more reliable as a timepiece. Mora Clocks tend to have curved rounded glass for the face and the body of the Mora clock may have a rounded piece through which the pendulum swing can be seen. Due to the scarcity of glass in Sweden at this time only a limited number of Mora Clocks would have an additional side window on the hood of the clock through which the mechanism of the Mora clock could be viewed.

It has been estimated that around 50,000 Mora clocks were made during the 19th century but that within 80 years of the first Mora clocks being made that the production of Mora clocks stopped. This was due to the importation of lower priced German and US clocks which effectively killed-off the cottage Mora Clock industry. A great number of Mora clocks have, given their age, fallen into disrepair which makes those Mora clocks that have survived something that is both unusually beautiful and of limited supply.

Honestly, I think the more simple these clocks are, the more beautiful. The image on the cover was sent in by John Svensson of the Mora clock they obtained from a woman in Manhattan. It's perfect.



Thanks to Paul and Nancy

for the bit of humour below. Apologies that it did not make it into the Holiday issue. Nevertheless, still pertinent to anyone with a comic side.

T'was a month before Christmas,

And all through the town,

People wore masks,

That covered their frown.

The frown had begun

Way back in the Spring,

When a global pandemic

Changed everything

They called it Corona,

But unlike the beer,

It didn't bring good times

It didn't bring cheer.

Contagious and deadly,

This virus spread fast,

Like a wildfire that starts

When fueled by gas.

Airplanes were grounded,

Travel was banned.

Borders were closed

Across air, sea and land.

As the world entered lockdown

To flatten the curve,

The economy halted,

And folks lost their verve.

From March to July

We rode the first wave,

People stayed home,

They tried to behave.

When summer emerged

The lockdown was lifted.

But away from caution,

Many folks drifted.

Now it's November

And cases are spiking,

Wave two has arrived,

Much to our disliking.

Frontline workers,

Doctors and nurses,

Try to save people,

From riding in hearses.

This virus is awful,

This COVID-19.

There isn't a cure yet.

There is no sure vaccine.

It's true that this year

Has had sadness a plenty,

We'll never forget

The year 2020.

And just 'round the corner -

The holiday season,

But why be merry?

Is there even one reason?

To decorate the house

And put up the tree,

When no one will see it,

No-one but me.

But outside my window

The snow gently falls,

And I think to myself,

Let's deck the halls!

So, I gather the ribbon,

The garland and bows,

As I play those old carols,

My happiness grows.

Christmas ain't cancelled

And neither is hope.

If we lean on each other,

I know we can cope.

taste the yay without the nej.

Swedish-style means creamy delicious ice cream without the bad stuff.

In 2014 Niclas "Nick" Luthman, co-founder of LUB Foods was diagnosed as a pre-diabetic, so he was forced to change his diet and lifestyle.

Nick obsessively learned about nutrition and started following a strict low-card, anti-inflammatory diet, basically a keto diet before the word was even trendy. Eventually, he was able to get his health under control, but the diet was boring. He missed all of the foods he loved.

As a mechanical engineer, his self-taught food engineering skills paid off after thousands of experiments. He started on a path to tasty treats that didn't compromise flavour or healthiness.

The ice creams are sweetened with stevia and soluble corn fibre are the two products that make

Nick's Swedish-style Ice Cream different.

Locally, Giant food stores carry them. Let us know how you like them!



If anyone ever has anything of interest which they would like to share with the group and have it added to the monthly Nyheter, please send it on to Mike Bird.

["mabird@ptd.net"](mailto:mabird@ptd.net)

It's often very difficult to find the time to fill these pages; particularly since I don't often make it to the customary monthly meetings and miss all of the topics that are discussed and not included in the official minutes.

Thanks!

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SYLVIA NYLUND'S APPLESAUCE CAKE

.....this is truly one of the best cakes i've ever tasted

Sylvia Nylund's recipe - a Nylund family favorite

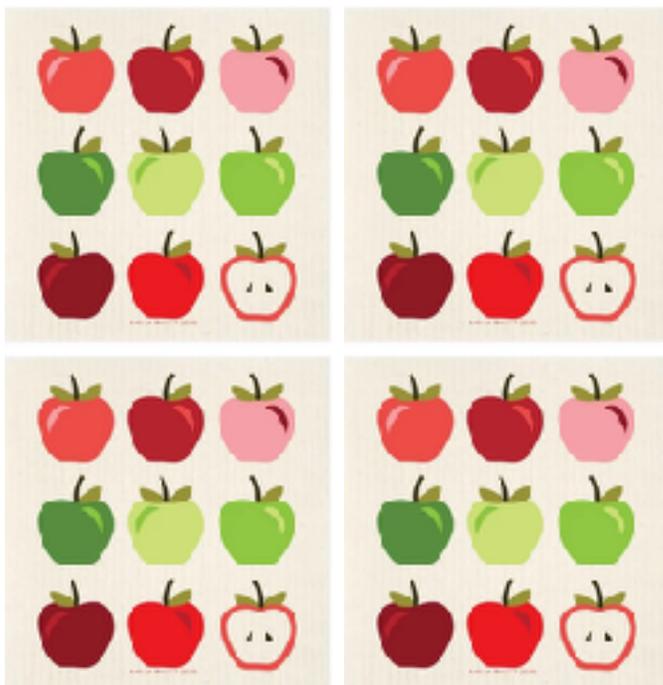
Preheat oven to 350 degrees.

Coat a 9 inch glass or metal round baking pan with margarine and flour or use 8x8x2 inch glass or metal pan.

- 1 cup sugar
- 1 egg (or two egg whites)
- 1/3 cup unsalted butter (or Smart Balance)
- 1 cup unsweetened applesauce
- 1 tsp baking soda
- 1 1/2 cup flour (or 1 1/4 Cup white flour plus 1/4 C whole wheat flour)
- 1/4 tsp allspice
- 1/4 tsp cinnamon
- 1/4 tsp salt (or 1/8 tsp salt)
- 1/2 tsp cloves



1. In a small bowl, add baking soda to applesauce and stir.
2. In a large bowl, beat sugar, egg, butter. Add applesauce mixture.
3. Sift together flour, allspice, cinnamon, salt and cloves.
Add to first mixture. Stir well.
4. Bake 35 minutes at 350 degrees.
(until center springs back with gentle finger pressure)
5. Let cool before frosting.



A single recipe will cover the top of the cake. A double recipe will cover the top and the sides of the cake.

- 1/8 Cup unsalted butter (or Smart Balance)
- 1/4 Cup dark brown sugar

- 1/4 tsp vanilla
- 1 Tbsp milk
- Approx. 1 Cup XXX sugar (confectioners' sugar)

1. Melt butter and sugar over low heat. Stir with a whisk until smooth.
2. Remove from heat and place in medium bowl. Add vanilla and milk. Whisk.
3. Let cool to room temperature. Stir again until smooth.
4. Slowly add Confectioner's sugar about 1/4 Cup at a time.
Mix with a fork until smooth. Keep adding (about a cup total) until spreadable.
If too stiff, add a little more milk. If too thin, add a little more XXX sugar.
5. Spread over cooled applesauce cake.

Minutes of Viking Lodge 735

13 December 2020

CHAIR, BEVIN SCHEIRER, opened the Zoom meeting at 2:04 pm and welcomed those members who attended. Chair welcomed **PAUL THENSTEDT**, Past District Master, and **NANCY THENSTEDT**, Former First Lady.

ULLA DUNKEL gave the Chaplain's message in Swedish.

CORRESPONDENCE: No correspondence was received.

MEMBERSHIP: MARY NELSON reported she has not received any applications.

SUNSHINE COMMITTEE: No report was given.

MINUTES: Correction to the November Minutes, the next meeting is scheduled for 13 December 2020, not 13 November 2020. A Motion was made by **BILL SCHEIRER** and seconded by **HATSIE FORSMAN** to accept the November Minutes with the above correction.

NEW BUSINESS: (1) BEVIN SCHEIRER asked the members if she should reserve the pavilion at Louise Moore Park for the annual July picnic, and it was agreed that she should do so; **(2) BILL SCHEIRER** reported as the Reading Museum had to close on Saturday, December 12, 2020, and will remain closed until January 4, 2020, he will contact whoever to ascertain if Yule trees will still be on display and a tour can be scheduled; **(3) BEVIN SCHEIRER** reminded the members that their checks for the annual \$40.00 dues must be dated no later than December 31, 2020 and forwarded to **ANNE SCHEIRER** in order to be included in the January drawing as to who will be reimbursed his/her dues; and **(4) PLUM DUNKLE** spoke about selling pancakes and providing the net proceeds as the Lodge's contribution to the 2022 convention.

UNFINISHED BUSINESS: (1) BILL SCHEIRER of the nominating committee reported that Mike Bird has agreed to stay on as Trustee and John Svensson has agreed to be nominated to become an Auditor; **(2) BEVIN SCHEIRER** reported that she received an e-mail from the Pastor that the church will not permit a shed on the property and when the church decides to permit meetings, the Lodge can hold meetings but there will be no storage at the church; **(3) TODD PETERSON** reported that he recently spoke with **ARNOLD "NICK" NICHOLAS** who said that there may be places near where he lives (in Northampton) to hold meetings in the future; it was suggested that **TODD** speak further with **NICK** but the place(s) must have storage, a kitchen, no stairs or in the alternative an elevator, the size of the room, and if permanent arrangements could be made; **(4)** it was discussed about the availability of the following churches to allow the Lodge's to hold monthly meetings: (a) the First Presbyterian Church, Center Street in Bethlehem, **HATSIE OR ALLEN FORSMAN** offered to contact the Church; (b) the Wesley Bethany Church also located on Center Street in Bethlehem; and (c) the Church of the Manger which **BEVIN SCHEIRER** said she would call; and **(5)** it was suggested that perhaps **ELVA MANTE**, as her father was a minister, might be aware of other churches who might allow the Lodge in the future to hold monthly meetings.

GOOD OF THE ORDER: (1) PAUL THENSTEDT said at 4:00 pm today (December 13, 2020) that on Facebook/Youtube there will be Scandinavian Lucia music playing; and **(2) TODD PETERSON** reported that he attended the Yule Bazaar at VASA Park in November which was held mostly outdoors and was well attended; he also reported that **ARNOLD "NICK" NICHOLAS** will a 50 year member in 2021 and hopefully will attend the Golden Colony dinner; it was suggested that the Lodge present **NICK** with a 50 year pin.

BILL SCHEIRER spoke about **TYLER SCHEIRER'S** first semester at college, working at UPS and paying the scholarship money to the college for the next semester.

TREASURER'S REPORT: Treasurer reported that the balance, as of December 13, 2020, was \$5,552.29.

No 50/50 drawing.

NEXT MEETING: Zoom meeting on 17 January 2021 at 2:00 pm

Submitted by **JEAN GERDING** on 19 December 2020.

CHAIR, BEVIN SCHEIRER, opened the Zoom meeting at 2:15 pm and welcomed those members who attended. Chair welcomed **PAUL THENSTEDT**, Past District Master.
ULLA DUNKEL gave the Chaplain's message in Swedish.

CORRESPONDENCE: It was reported that Kory forwarded, via e-mail, the 2021 District 6 scholarship application; **LILLY NELSON** requested a copy be e-mailed to her which it was done.

MEMBERSHIP: No report was provided.

SUNSHINE COMMITTEE: (1) **LINDA MICHELSON** reported that **ELVA MANTE** sent Christmas cards to **CAROL McDERMOTT**; **BERYL HELGREN**; **MARIAN SUNNERGREN**; **RONN BERGEN**; **BOB ANDERSON** and **MILDRED PAULSEN**, and (2) it was reported that **KAREN ZIMMERMANN** and her husband, **GERRY**, had contracted the coronavirus in November.

MINUTES: The December Minutes were not e-mailed to the members; therefore, the Minutes could not be accepted at this meeting.

NEW BUSINESS: NONE TO BE REPORTED.

UNFINISHED BUSINESS: (1) **BEVIN SCHEIRER** reported that **ALLEN FORSMAN** received return calls from the First Presbyterian Church and Wesley Bethany Church with the possibility, if the Lodge cannot return to Holy Cross Lutheran Church and once the coronavirus has been contained, to hold the Lodge meetings in those churches; **BEVIN SCHEIRER** reported that she has been "playing phone tag" with a representation from the Church of the Manger; (2) **BEVIN SCHEIRER** announced that Mike Bird has agreed to continue as Trustee and John Svensson has agreed to be an Auditor; as no further nominations were made from the floor, **BILL SCHEIRER** made a Motion and seconded by **MARY NELSON** to close the nominations. Installation of the above individuals will be held during the February Zoom meeting; if **BOB ANDERSON** is not available, then **PAUL THENSTEDT**, Past District Master, will conduct the installation using a condensed copy of the installation instructions to be provided to him by **PLUM DUNKLE**; (3) **BILL SCHEIRER** drew a name, sight unseen as his computer was updating, and **MARIA FLUCK** won and her 2020 dues will be repaid to her; (4) **TODD PETERSON** reported that he had not had an opportunity to speak with **ARNOLD "NICK" NICHOLAS** about places near where **NICK** lives (in Northampton) to hold meetings in the future; (5) **PLUM DUNKLE** asked about the status of Scanfest being held on September 5, 2021 which likely will occur; (6) the anniversary dinner was discussed which is to occur on April 17, 2021 but may have to be postponed until October; (7) **BILL SCHEIRER** reported that **PLUM DUNKLE** and himself undecorated the Yule Tree at the Reading museum and will have for the members, once we can personally meet again, those elf decoration to whomever wants; and (8) **BEVIN SCHEIRER** reported that she made the reservations at the Louise Moore Park for the annual picnic on July 18, 2021.

GOOD OF THE ORDER: (1) it was reported that **ALLEN and HATSIE FORSMAN** were featured in the Reading Eagle; (2) **PAUL THENSTEDT** said that **NANCY** and he reminisce about the Scandinavian activities and events that they have attended over years during this unprecedented time; and (3) **BEVIN SCHEIRER** reported she saw a Swedish style light ice cream from Stockholm in the Giant grocery store.

TREASURER'S REPORT: Treasurer reported that the balance, as of December 31, 2020, was \$5,598.53.

No 50/50 drawing.

NEXT MEETING: Zoom meeting on 21 February 2021 at 2:00 pm

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Submitted by **JEAN GERDING** on 17 January 2021.

VIKING LODGE 735 NEXT
CUSTOMARY
MONTHLY MEETING

SUNDAY
21 February
2:00 pm

be sure to
check your email
for the link
to the Zoom meeting !

